

Pre work Exercise (15 minutes)



Read through the checklist to give you ideas about how to examine your social identities and cultures. Fill out your dimensions on the blank spaces.



How do these factors impact your priorities?
How do they impact how others see you?
How do they impact the way you see others?



Identifying our Intersectionality

We are each made up of multiple social identities that intersect in dynamic ways to shape who we are.

- | | | | | |
|--|--|---|--|--|
| <input type="checkbox"/> In my 20s | <input type="checkbox"/> Veteran | <input type="checkbox"/> Asian | <input type="checkbox"/> Neurotypical | <input type="checkbox"/> Parent |
| <input type="checkbox"/> In my 30s | <input type="checkbox"/> Military Family | <input type="checkbox"/> Black | <input type="checkbox"/> Neurodiverse | <input type="checkbox"/> Single Parent |
| <input type="checkbox"/> In my 40s | | <input type="checkbox"/> Pacific Islander | <input type="checkbox"/> Able-bodied | <input type="checkbox"/> Adoptive Parent |
| <input type="checkbox"/> In my 50s | <input type="checkbox"/> Lower-income family | <input type="checkbox"/> Multiracial/ethnic | <input type="checkbox"/> Learning Disability | <input type="checkbox"/> Step Parent |
| <input type="checkbox"/> In my 60s | <input type="checkbox"/> Higher-income family | <input type="checkbox"/> Native/ Indigenous | <input type="checkbox"/> Physical Disability | <input type="checkbox"/> No Children |
| <input type="checkbox"/> In my 70s | <input type="checkbox"/> Experienced housing insecurity | <input type="checkbox"/> Middle Eastern | | <input type="checkbox"/> Childfree |
| <input type="checkbox"/> N/A | | <input type="checkbox"/> Hispanic | <input type="checkbox"/> Diabetic | <input type="checkbox"/> Pet Parent |
| | | <input type="checkbox"/> Latinx | <input type="checkbox"/> Living with an Anxiety Disorder | <input type="checkbox"/> Aunt/Uncle |
| <input type="checkbox"/> First generation attending university | <input type="checkbox"/> Multi-lingual | <input type="checkbox"/> White | <input type="checkbox"/> Living with Chronic Pain | <input type="checkbox"/> Godparent |
| <input type="checkbox"/> Vocational education | <input type="checkbox"/> Native language | <input type="checkbox"/> _____ | <input type="checkbox"/> Living with Depression | <input type="checkbox"/> Grandparent |
| <input type="checkbox"/> Graduate education (e.g. PhD) | <input type="checkbox"/> Non-native English Speaker | <input type="checkbox"/> Gay | <input type="checkbox"/> Living with PTSD | <input type="checkbox"/> Twin |
| <input type="checkbox"/> No post-secondary education | <input type="checkbox"/> Accent | <input type="checkbox"/> Lesbian | <input type="checkbox"/> Trauma Survivor | <input type="checkbox"/> Sibling |
| | <input type="checkbox"/> No Accent | <input type="checkbox"/> Bisexual | <input type="checkbox"/> Recovering From Addiction | <input type="checkbox"/> Single Child |
| <input type="checkbox"/> Extrovert | | <input type="checkbox"/> Straight | | <input type="checkbox"/> Agnostic |
| <input type="checkbox"/> Introvert | <input type="checkbox"/> Citizen | <input type="checkbox"/> Queer | | <input type="checkbox"/> Atheist |
| <input type="checkbox"/> Ambivert | <input type="checkbox"/> Immigrant | <input type="checkbox"/> Asexual | Anything else? | <input type="checkbox"/> Religious |
| | <input type="checkbox"/> Refugee | <input type="checkbox"/> Woman | | <input type="checkbox"/> Spiritual |
| <input type="checkbox"/> Single | <input type="checkbox"/> Dual Citizen | <input type="checkbox"/> Man | | <input type="checkbox"/> Buddhist |
| <input type="checkbox"/> In a Relationship | <input type="checkbox"/> First-generation born in home country | <input type="checkbox"/> Queer | | <input type="checkbox"/> Christian |
| <input type="checkbox"/> Dating | | <input type="checkbox"/> Intersex | | <input type="checkbox"/> Hindu |
| <input type="checkbox"/> Married | | <input type="checkbox"/> Non-Binary | | <input type="checkbox"/> Jewish |
| <input type="checkbox"/> Divorced | <input type="checkbox"/> Light-skinned | <input type="checkbox"/> Transgender | | <input type="checkbox"/> Muslim |
| <input type="checkbox"/> Remarried | <input type="checkbox"/> Dark-skinned | <input type="checkbox"/> Cisgender | | <input type="checkbox"/> Sikh |
| <input type="checkbox"/> Widowed | | | | <input type="checkbox"/> Taoist/Daoist |
| | | | | <input type="checkbox"/> Shintoist |
| | | | | <input type="checkbox"/> Wear religious clothing |

Understanding Intersectionality: Fill in your identities

